

## TALLAHASSEE ACTIVE LIFELONG LEADERS

“Such to me is the new image of aging: growth in self and service for all mankind”

*Ethel Percy Andrus*

### TALLAHASSEE ACTIVE LIFELONG LEADERS...

*...an educational experience for older adults seeking to explore creative and productive roles for their retirement years.*

*...an opportunity for active older adults to pursue leadership and civic engagement opportunities.*

**“Make a TALL Difference”** Broaden your knowledge. TALL classmates meet with area leaders and go on site visits for a better understanding of the community’s cultural, political, safety, legal & justice, educational, health, human service, and other public services or public-private initiatives. By sharing resources and gaining insight, TALL graduates will be better equipped to enhance positive change in their community through advocacy and volunteerism.

**“TALLahassee is Rich in Human Resources”** Tallahassee offers a large number of mature adults and retirees who possess a wealth of knowledge, talents, and skills. TALL – a Lifelong Learning Program – brings together those seniors with community leaders, experts, and policy-makers.

**“Why TALL?”** Discover creative ways to use your energy. Learn more about your area. Explore self-enrichment and volunteer opportunities. Meet new friends who share your intellectual curiosity and commitment.

### BECOME A TALL SENIOR!

**Requirements:** Must be 50 or older; have a desire to explore new ways to become involved

**Schedule:** TALL meets every Tuesday for 8 weeks from mid-January to mid-March. Program days start at *approximately* 8:00 / 8:30 a.m. and end at *approximately* 5:00 / 5:30 p.m. (except graduation, the final day which will start mid-day and end with a graduation reception). ***Please note that the days are long and, although we take breaks, we stay relatively busy and engaged throughout the entire day.***

**Participation:** To fully benefit from the program, participation in all program days is encouraged.

**Cost:** If selected, you will be billed. This fee covers all costs for the 8-week program which includes all supplies, snacks throughout the program days, lunch every program day, and any other program day costs. (Note: Scholarships are available; if needed, please contact Hella Spellman). Fee will be \$150 or less.

**Selection:** Applicants are selected based their demonstrated interest in meeting the program's goal of ***equipping active older adults with insights and knowledge to enhance positive change in the community through advocacy and volunteerism.***

### **NEXT TALL PROGRAM - CLASS 11**

- Preview Party & Application Release – Tuesday, October 2, 2018, 5:30 – 7:00 p.m.
- Tentative program dates: January 22 – March 19, 2019 (every Tuesday as indicated above under “schedule).

**FOR MORE INFORMATION, CONTACT HELLA SPELLMAN  
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