

2024 Capital City Senior Games Disc Golf Competition

Thank you for your interest in the first-ever Capital City Senior Games Disc Golf competition. The Senior Games age brackets are broken down into 5-year increments and players are eligible to compete in the age bracket that you are turning in 2024. The age brackets are 50-54, 55-59, 60-64, etc.

We will be holding a **FLEX schedule style** competition that will be available over 4 days, March 15th-18th. All players will need to play 1 Round of 24 Holes at Tom Brown Park during this time period and submit their final score to Mario.Palmentieri@talgov.com. Regular PDGA competition rules should be followed during your round. At a minimum, you are required to have at least 3 competitors (any age bracket) playing together, so that you can verify each other's score. Once the registration period is completed, Mario will work with players on coordinating playing times. Medals will be provided to the top 3 finishers in each age bracket.

Good luck and throw 'em where you're aiming!