



CAPITAL CITY Senior Games RECORDS



TRACK - RUNNING MEN

50m

AGE	NAME	RECORD
50-54	Jason Coloma	9.4 2026
55-59		
60-64	Valasco Smith	8.21 2026
65-69	Larry Hamilton	8.93 2026
70-74	Rodney Atherton	8.04 2026
75-79	Gary Hansen	13.64 2026
80-84		
85-89	James Kreller	10.03 2026
90+	Don Erickson	12.78 2026
95-99		

100m

AGE	NAME	RECORD
50-54	Barry Kays	12.27 2021
55-59	Timothy Street	12.7 2017
60-64	Jeffrey Fillia	12.92 2021
65-69	Barry Hogue	13.8 2017
70-74	Barry Hogue	14.19 2018
75-79	Barry Hogue	15.41 2023
80-84	Jim Parrish	17.29 2023
85-89	Don Erickson	19.02 2021
90-94	Don Erickson	31.85 2026
95-99	Don Rapp	1:28.91 2024

200m

AGE	NAME	RECORD
50-54	Bruce Edwards	26.93 2017
55-59	Chalres Williams	30.07 2020
60-64	Bill Tharpe	27.1 2010
65-69	Rodney Atherton	29.09 2023
70-74	Barry Hogue	33.82 2022
75-79	Barry Hogue	35.2 2023
80-84	Norm Taylor	44.91 2011
85-89	Don Erickson	41.42 2021

400m

AGE	NAME	RECORD
50-54	Charles Williams	59.68 2012
55-59	Charles Williams	1:04.65 2017
60-64	Russell Henley	1:01.0 2025
65-69	Rodney Atherton	1:08.9 2022
70-74	Mark Flynn	1:22.6 2022
75-79	Tom Rybczyk	1:29.66 2023
80-84	George Knoblock	1:47.0 2010
85-8		

800m

AGE	NAME	RECORD
50-54	Len Ferman	2:18.0 2014
55-59	Paul Hodge	2:40.0 2018
60-64	Chris Fuhrman	2:42.70 2026
65-69	Mark Flynn	2:54.9 2014
70-74	Mark Flynn	3:16.95 2021
75-79	Mark Flynn	3:20.42 2023
80-84	George Knoblock	4:49.9 2010
85-89		

1500m

AGE	NAME	RECORD
50-54	Brian Hickey	5:26.6 2020
55-59	Paul Hodge	5:15.73 2018
60-64	Chris Fuhrman	5:25.43 2023
65-69	Ken Devries	5:46.02 2018
70-74	Joseph McVeigh	6:39.1 2015
75-79	Mark Flynn	7:00.17 2023
80-84	Bob Keller	8:54.9 2014
85-89		

