



CAPITAL CITY Senior Games RECORDS



ROAD RACE

WOMEN

5k

AGE	NAME	RECORD	
50-54	Julie Clark	23:56.42	2014
55-59	Fran McLean	23:03	2012
60-64	Susan Kelly	25:37	2012
65-69	Fran McLean	29:38	2025
70-74	Carmen Williams	29:44	2026
75-79	Margarete Deckert	41:36	2012
80-84	Margarete Deckert	44:02	2013
85-89	Josephine Newton	47:50	2012
90+			

MEN

5k

AGE	NAME	RECORD	
50-54	Ken Walters	23:34	2012
55-59	Michael Cipuiano	21:48.42	2014
60-64	Terry Presnell	22:13	2013
65-69	Tim Unger	23:32	2026
70-74	Jon Dalton	30:09	2012
75-79	Bob Keller	28:58	2011
80-84	Neil Snyder	28:27	2026
85-89			
90+			