



# CAPITAL CITY Senior Games RECORDS




## SWIMMING - BACKSTROKE

### WOMEN

### MEN

#### 50 yd


#### 50 yd

AGE	NAME	RECORD
50-54	Gretchen DeYoung	40.2 2012
55-59	Paige Gill	35.30 2021
60-64	Gretchen DeYonung	41.40 2020
65-69	Susan Nichols	43.27 2020
70-74	Barbara Goltz	44.58 2017
75-79	Lois Johnson	53.54 2023
85-89	Patsy Cox	1:25.10 2019
90-94	Betty Lorenzi	54.78 2018 
95-99	Oberley Brown	2:35.95 2018

AGE	NAME	RECORD
50-54	Andy Kroupa	31.92 2021
55-59	Mark Fuller	51.43 2020
60-64	Richard Baker	39.43 2012
65-69	Teo Kraemer	38.93 2014
70-74	Mike Twomey	39.57 2020
75-79	Mike Twomey	42.85 2023
80-84	Britt Poulson	1:19.82 2020
85-89		
90+	Bob Lamison	1:34.7 2010

#### 100 yd


#### 100 yd

AGE	NAME	RECORD
50-54	Gretchen Deyoung	1:35.3 2012
55-59	Gretchen Deyoung	1:35.03 2019
60-64	Jaquinn Griffith	1:28.17 2020
65-69	Jaquinn Griffith	1:27.69 2023
70-74	Barbara Goltz	1:35.33 2017
75-79	Christine Hazelip	3:00.0 2013
90-94	Betty Lorenzi	2:02.29 2018 
95-99		

AGE	NAME	RECORD
50-54		
55-59	Terry St Pierre	1:41.2 2010
60-64	Martin Dix	1:28.06 2018
65-69	Martin Dix	1:28.88 2021
70-74	William Ragan	2:39.7 2013
75-79		
80-84		
85-89		
90+	Bob Lamison	3:13.4 2010

#### 200 yd

#### 200 yd

AGE	NAME	RECORD
50-54		
55-59	Gretchen Deyoung	3:35.27 2017
60-64	Jacquinn Griffith	2:58.74 2022
65-69	Jacquinn Griffith	3:03.51 2023
70-74	Barbara Goltz	3:35.67 2018
75-79	Christine Hazelip	5:28.5 2012
80-84	Christine Hazelip	6:25.31 2018
85-89		
90-94	Betty Lorenzi	4:23.02 2018 

AGE	NAME	RECORD
50-54		
55-59	Terry St Pierre	3:56.7 2010
60-64	Martin Dix	3:12.86 2019
65-69	Martin Dix	3:30.06 2020
70-74	William Ragan	8:30.05 2017
75-79	David Custis	5:41.5 2012
80-84		
85-89		
90+	Bob Lamison	7:20.8 2010