

Capital Health Plan Physicians & Providers



Welcome to the Capital Health Plan Health Center at Centerville Place. This health center is home to Capital Health Plan's Urgent Care Center, open seven days a week by appointment. The Centerville facility also offers physicians' offices, x-ray and lab services, Capital Health Plan's Colon Screening Program, and an outstanding eye care center. All of these services are available exclusively to Capital Health Plan members!

FAMILY PRACTICE PHYSICIANS

Moritz Dehler, M.D. 523-7460
Medical School: Medical College of Virginia
Residency: Tallahassee Memorial
Board Certification: Family Practice

Roy Forman, M.D. 383-3425
Medical School: University of Florida
Residency: Tallahassee Memorial
Board Certification: Family Practice

Stanley Gwock, M.D. 383-3430
Medical School: University of Miami
Residency: Tallahassee Memorial
Board Certification: Family Practice

Stephen Haley, M.D. 383-3435
Medical School: Medical College of Virginia
Residency: Pennsylvania State University
Board Certification: Family Practice

Zinnah Quai Holmes, M.D. 383-3440
Medical School: University of Cincinnati
Residency: Tallahassee Memorial
Board Certification: Family Practice

Stephen LaRosa, M.D. 383-3455
Medical School: University of Miami
Residency: Tallahassee Memorial
Board Certification: Family Practice

Kristi Reese, M.D. 523-7366
Medical School: University of South Alabama
Residency: Tallahassee Memorial
Board Eligible: Family Practice

Mark Shamis, M.D. 523-7455
Medical School: University of Miami
Residency: Tallahassee Memorial
Board Certification: Family Practice

Damon Underwood, M.D. 383-3465
Medical School: University of South Alabama
Residency: Medical Center of Central Georgia
Board Certification: Family Practice

Jan Simmons, P.A.-C.

PEDIATRICS

Lisa Cook, M.D. 383-3529
Medical School: Louisiana State University
Residency: University of Texas
Board Certification: Pediatrics

Dean Dalrymple, M.D. 383-3415
Medical School: University of Alabama
Residency: Tripler Army Medical Center
Board Certification: Pediatrics

David Jones, M.D. 383-3450
Medical School: Ohio State University
Residency: Emory University
Board Certification: Pediatrics

INTERNAL MEDICINE

Lisa Cook, M.D. 383-3529
Medical School: Louisiana State University
Residency: University of Texas
Board Certification: Internal Medicine

COLON SCREENING PROGRAM 523-7350

CHP's Colon Screening Program seeks to improve members' use of important tests for this common cancer. Members may call directly to arrange a flexible sigmoidoscopic colon exam or to request stool cards to submit samples to be checked for non-visible bleeding.

Tara Loucks, A.R.N.P.

EYE CARE 383-3322

No physician referral is necessary; CHP optometrists provide routine eye exams as part of your benefit. They also see members with medical eye problems such as eye infections and inflammations.

Cory Hill, O.D.
Steven Laubach, O.D.
Daniel Lazar, O.D.
Todd McWilliams, O.D.
Maritza Nickerson, O.D.

URGENT CARE CENTER 383-3382

This patient-friendly center gives CHP members access, when needed, to health care if the member's primary care physician is not available. Please call the Urgent Care Center at (850) 383-3382 for an appointment before coming in.

Russell Collins, M.D.
Medical School: University of de Bordeaux II, France
Residency: Medical College of Georgia
Board Certification: Family Practice

Henry Gunter, M.D.
Medical School: University of Miami
Residency: Tallahassee Memorial
Board Certification: Family Practice

Krista Rankin, M.D.
Medical School: University of California
Residency: David Grant Medical Facility at Travis Air Force Base
Board Certification: Family Practice

Anthony James, P.A.-C.
Nancy Miller, P.A.-C.
Sandy Skidell, P.A.-C.
Stephen Tomicich, A.R.N.P.

LAB 531-0707

X-RAY 383-3369

See back page to tour the Governor's Square Health Center.



Capital Health
PLAN



An Independent Licensee of the
Blue Cross and Blue Shield Association

Family Practice

Tallahassee:

Joy Ablordeppy, M.D.
James Cade, M.D.
Kathryn Davis, M.D.
Chris Dunlap, M.D.
Rebecca Easterling, M.D.
Leslie Emhof, M.D.
Thomas Enoch, M.D.
Vickie Erwin-Wilson, M.D.
Ramel Failma, M.D.
Angelina Foley, M.D.
Edward Forster, M.D.
Janet Gibson, D.O.
Randell Hartlage, M.D.
Tracey Hellgren, M.D.
Karl Hempel, M.D.
Patricia Hogan, M.D.
Ashley L. Janney, M.D.
Lisa Jernigan, M.D.
William Kaufman, M.D.
Julie Kelch, M.D.
William Kepper, M.D.
Cynthia Kimble, M.D.
Frederick Lutz, M.D.
Ronald Machado, M.D.
John MacKay, M.D.
Joseph Mazziotta, M.D.
William Morse, M.D.
John Ness, M.D.
Dung Nguyen, M.D.
Whit Oliver, M.D.
Filemon Patcxil, M.D.
Greg Perry, M.D.
William Placilla, M.D.
Randy Reese, M.D.
Laura Rosner, M.D.
Fred Ross, M.D.
Remelda Saunders-Jones, M.D.
Thomas Serio, M.D.
Victoria Smith, M.D.
Cyneetha Strong, M.D.
Wendy Thompson, M.D.
Hugh VanLandingham, M.D.
Chris VanSickle, M.D.
Cristian Vasilescu, M.D.
Mervin Wallace, M.D.
Karen Wilkens, M.D.
Barbara Williams, M.D.
Edwardo Williams, M.D.
Gregory Williams, D.O.
Les Wilson, M.D.
Gary Winchester, M.D.
Donald Zorn, M.D.

Blountstown:

Clifford Bristol, M.D.
Joti Keshav, M.D.

Crawfordville:

Robert Frable, D.O.
Farzana Kahn, M.D.
Andrea Plagge, D.O.

Havana:

Mark Newberry, M.D.

Monticello:

James Brown, M.D.
Brian Deem, M.D.
Wesley Scoles, M.D.

Quincy:

Carla Holloman, D.O.
Charles Kent, M.D.
Dianne Pappachristou, D.O.
Scotty Whiddon, M.D.

Internal Medicine

Tallahassee:

Eric Bouchard, M.D.
Frederick Corpuz, M.D.
Rick Damron, M.D.
Mignon Emenike, M.D.
Michael Forsthoefel, M.D.
Jesse Judelle, M.D.
Shaun Laurie, M.D.
Judith Lewis, M.D.
Satish C. Mital, M.D.
Sandeep Rahangdale, M.D.
Andrea Randell, M.D.
Temple Robinson, M.D.
Robert Rowland, M.D.
Wayne Sampson, M.D.
Farah Soliman, M.D.
Richard Thacker, D.O.
Leonard Waldenberger, M.D.
Dean Watson, M.D.

Pediatric

Tallahassee:

Alfreda Blackshear, M.D.
Walter Bunnell, M.D.*
Susan M. Cross, M.D.*
Larry Deeb, M.D.*
John Elzie, M.D.*
Mignon Emenike, M.D.
Lionel Henry, M.D.*
Kennessa Hugger, M.D.*
Elizabeth King, M.D.*
Anna Koeppel, M.D.*
Charles G. Long, M.D.*
James E. Martin, M.D.*
Robert O. Middlemas, M.D.*
Thomas Peele, M.D.*
Cristina Rodriguez, M.D.*
Julia St. Petery, M.D.*
Kathryn Simmons, M.D.*
William Simmons, M.D.*
Jayati Singh, M.D.*
Frank Walker, M.D.*
Joanne Yao, M.D.

Quincy:

Mohammed Waris, M.D.

Chiropractic

Tallahassee:

Claude D-Charles, D.C.
Billy Heyser, D.C.
Gene Jenkins, D.C.
John Van Tassel, D.C.
Rondal Ways, D.C.

Quincy:

Don Cross, D.C.

Crawfordville:

Adriene Hill, D.C.

Specialty Care

Allergy & Immunology

Rand Malone, M.D.
Ronald H. Saff, M.D.
Brian Wilson, M.D.

Anesthesiology

Mark Applegate, M.D.
Robert Atwater, M.D.
Wilmoth Baker, M.D.
Patrice Bidwell, M.D.
Mark Canella, M.D.

Daniel Conrad, M.D.
William Donnellan, M.D.
David Draper, M.D.
Raul Fernandez, M.D.
James Frankland, M.D.
J. Anthony Giralt, M.D.
Richard Henry, M.D.
Valerie Lazzell, M.D.
Nancy Loeffler, M.D.
Gregory McLanahan, M.D.
Michael Miller, M.D.
Stephen Mnookin, M.D.
Jeffrey Myers, M.D.
James O'Neill, M.D.
Jitendra Padalia, M.D.
Mansukhlal Padalia, M.D.
John Rutledge, M.D.
Brence Sell, M.D.
James Totten, M.D.
Samuel Warren, M.D.
Christopher Wilhoit, M.D.

Pain Management

George Arcos, D.O.
Joshua Fuhrmeister, M.D.
Vildan Mullin, M.D.

Cardiology

Galt Allee, M.D.
Michelle Bachtel, M.D.
Joseph Baker, M.D.
Wayne Batchelor, M.D.
Marilyn Cox, M.D.
Jyotsna Dalal, M.D.
William Dixon, M.D.
Akash Ghai, M.D.
Frank Gredler, M.D.
John Katopodis, M.D.
Farhat Khairallah, M.D.
Thomas Noel, M.D.
David Smith, M.D.
David Tedrick, M.D.

Cardiovascular, Vascular & Thoracic Surgery

Julian Hurt, M.D.
Patrick Murrah, M.D.
Harry Rosenblum, M.D.
David Saint, M.D.

Dermatology

J. Brewster Caldwell, D.O.
Armand Cognition, M.D.
Michael J. Ford, M.D.
Marc Inglese, M.D.
Okanta Jackson, M.D.
Pamela Kennedy, M.D.
Gordon Low, M.D.
David Pascoe, M.D.
Stephen Richardson, M.D.*
Bob Soni, M.D.
J. Richard Taylor, M.D.
Cynthia Tie, M.D.

Ear, Nose & Throat

Marie Becker, M.D.
Spencer Gilleon, M.D.
Duncan Postma, M.D.
Adrian Roberts, M.D.
Robert M. Snider, M.D.
Joseph Soto, M.D.

Endocrinology

Celeste Hart, M.D.
Terry Sherraden, M.D.
Carlos Zapata, M.D.

Gastroenterology

C. Raymond Cotterell, M.D.
Amulya Konda, M.D.
Leonard Leichus, M.D.
Michael Mangan, M.D.
Timothy Paulk, M.D.
Terence Reisman, M.D.
Andres Rodriguez, M.D.
Hardeep Singh, M.D.
Joshua Somerset, M.D.
Larry Taylor, M.D.
Joseph Webster, M.D.

General Surgery

Shelby Blank, M.D.
Jeffrey Crooms, M.D.
Al E. Deeb, M.D.
Amit Gupta, M.D.
Katherine Langston, M.D.
Tim Ruark, M.D.
Roy Schwartz, M.D.
Eliot Sieloff, M.D.
Robert Snyder, M.D.
Richard Zorn, M.D.

Gynecology

Robert Ashmore, M.D.
A.J. Brickler, M.D.
Alex D. Brickler, M.D.
Jana Bures-Forsthoefel, M.D.
Jolita Burns, M.D.
Arthur Clements, M.D.
James Davenport, M.D.
David Dixon, D.O.
Michael Douso, M.D.
Alexander Franz, M.D.
Andrea Friall, M.D.
Adrienne George, M.D.
Leaton Hall, M.D.
Michelle Hoggatt, M.D.
Kenneth McAlpine, M.D.
John McBroom, M.D. (oncology)
Vikki McKinnie, M.D.
Spurgeon McWilliams, M.D.
Bert Morales, M.D.
Alfredo Nova, M.D.
David O'Bryan, M.D.
Shawn Ramsey, D.O.

Hematology & Oncology

Maria Amanze, M.D.
Viralkumar Bhandari, M.D.
Tim Broeseker, M.D.
Amer Rassam, M.D.
Frank Santoli, M.D.

Hospitalist

Nnaemeka Amanze, M.D.
Per Astrand, M.D.
Adam Joo, M.D.
Steven Medvid, M.D.
José Mendoza, M.D.
Jean Murphy, M.D.
Nick Nelson, M.D.
Yogeshwar Patel, M.D.
Vamsi Ponnaganti, M.D.
Heemanshi Shah, M.D.
Raymond Shashaty, M.D.
J. Brian Sheedy, M.D.
Lorna Stewart, M.D.
Mark Wheeler, M.D.

Infectious Disease

Phil Ford, M.D.
Eric Nicholson, M.D.

d Physicians

Neonatology

Arlene Boykin, M.D.
Todd Patterson, D.O.
Mitchell Ross, M.D.
Thomas Truman, M.D.*

Nephrology

Avon Doll, M.D.
Cynthia Gaboury, M.D.
Gary Hansen, M.D.
Hari Kolli, M.D.
John Peterson, M.D.

Neurology

Ricardo Ayala, M.D.
Richard Blackburn, M.D.
Gery K. Florek, M.D.
Lucas Koberda, M.D.
Charles G. Maitland, M.D.
True Martin, M.D.
Winston Ortiz, M.D.
Angela Spencer, M.D.
Stanley Whitney, M.D.

Neurosurgery

Ann Carr, M.D.
Mark Cuffe, M.D.
Albert Lee, M.D.
Christopher Rumana, M.D.

Obstetrics

Robert Ashmore, M.D.
A. J. Brickler, M.D.
Alex D. Brickler, M.D.
Jana Bures-Forsthoefel, M.D.
Jolita Burns, M.D.
Arthur Clements, M.D.
James Davenport, M.D.
David Dixon, D.O.
Michael Douso, M.D.
Alexander Franz, M.D.
Andrea Friall, M.D.
Adrienne George, M.D.
Leaton Hall, M.D.
Kenneth McAlpine, M.D.
Vikki McKinnie, M.D.
Spurgeon McWilliams, M.D.
Bert Morales, M.D.
Alfredo Nova, M.D.
David O'Bryan, M.D.
Shawn Ramsey, D.O.

Ophthalmology

Aaron Appiah, M.D.
Emily Ashmore, M.D.
H. Logan Brooks, M.D.
Viet Bui, M.D.
Jerry Ford, M.D.
Kenneth Kato, M.D.
Joel Kramer, M.D.
Thomas Lawrence, M.D.
Isaac Moore, M.D.
Charles Newell, M.D.
Richard Palmer, M.D.
Brian Sherman, M.D.
Francis Skilling, M.D.
Robert Steinmetz, M.D.
Tony Weaver, M.D.
Karen Young, M.D.

Oral & Maxillofacial Surgery

Jason Lee, D.D.S.
Barrett Tolley, D.D.S.

Orthopedics

Gregg Alexander, M.D.
David Bellamy, M.D.
Raymond Bellamy, M.D.
David Berg, M.D.
Andrew Borom, M.D.
Craig Butler, M.D.
Mark Fahey, M.D.
Aaron Guyer, M.D.*
Thomas Haney, M.D.
Hank Hutchinson, M.D.
Floyd Jaggears, M.D.
Steve Jordan, M.D.
Peter Loeb, M.D.
Thomas Park, M.D.
Gary Rolle, M.D.
Robert Stanton, M.D.
Spencer Stoetzel, M.D.*
Kris Stowers, M.D.
William Thompson, M.D.
Robert Thornberry, M.D.
Charles Wingo, M.D.
Andrew Wong, M.D.

Pathology

Lynn H. Dolson, M.D.
Marcus Fisher, M.D.
Jerry L. Harris, M.D.
John P. Mahoney, M.D.
Charles F. Manning, Jr., M.D.
Nola A. Munasifi, M.D.
Margaret Havens Neal, M.D.
Christopher Price, M.D.
L. Stephen Sarbeck, M.D.
Stephen Sgan, M.D.
David T. Stewart, M.D.

Pediatric Specialists

Nectar Aintablian, M.D.*
Larry C. Deeb, M.D.*
Brian G. Sherman, M.D.
Connie Speer, M.D.
Louis B. St. Petery, M.D.*
Mark Strickland, M.D.
Frank Walker, M.D.*

Perinatology

Robert Hume, M.D.*
Donald C. Willis, M.D.

Plastic Surgery

Larry Harper, M.D.
Louis Hill, M.D.
Ben Kirbo, M.D.
Alfredo Paredes, M.D.
Jeffrey Rawlings, M.D.
Laurence Rosenberg, M.D.

Podiatry

George Merritt, D.P.M.
Robert Pearson, D.P.M.
Russell Rowan, D.P.M.
Bryan Spooner, D.P.M.

Psychiatry

Peter Debelius-Enemark, M.D.
Jeffrey Ferraro, M.D.
Edith Hidalgo, M.D.
Faisal Munasifi, M.D.
Mark Poff, D.O.
Connie Speer, M.D.
Mark Strickland, M.D.
Tommy Swiney, M.D.
Paul Zislis, M.D.

Pulmonary Medicine

Clifton Bailey, M.D.
Carlos Campo, M.D.
J. Daniel Davis, M.D.
F. Ray Dolly, M.D.
Alberto Fernandez, M.D.*
Joseph Gray, M.D.*
Muhanad Hasan, M.D.
David Huang, M.D.
Praful Patel, M.D.
John Thabes, M.D.

Radiation Oncology

Timothy Bolek, M.D.
Jamie Cesaretti, M.D.
Douglas Johnson, M.D.
Anand Kuruvilla, M.D.
April Mendoza, M.D.
Shelileah Newman, M.D.
Shyam Paryani, M.D.
Neenad Shah, M.D.
Philip Sharp, M.D.
Dwelvin Simmons, M.D.
Mitchell Terk, M.D.
John Wells, M.D.
Dale Wickstrum, M.D.

Radiology

Gregory R. Albright, D.O.
Charles Bianco, M.D.
Stephen Carr, M.D.
Michael Cavallaro, M.D.
David D. Durden, M.D.
Henry Floyd, M.D.
Sergio Ginaldi, M.D.
Vernon Hendrix, M.D.
Alan Johnson, M.D.
Arjun Kaji, M.D.
James Killius, M.D.
Maribel Lockwood, M.D.
Kurt Luhmann, M.D.
Melissa McMillan, M.D.
Arthur Mulick, M.D.
Steven Ostrov, M.D.
Lisa Rawlings, M.D.
Mary Swain, M.D.
Timothy Sweeney, M.D.
Charles Williams, M.D.
William Yaakob, M.D.
Daniel Yang, M.D.

Rheumatology

Victor McMillan, M.D.*
Haroon Sarwar, M.D.
John Szczesny, M.D.

Urology

Robert Bradford, M.D.
David Burday, M.D.
Joseph Camps, M.D.
Judson Rackley, M.D.
James Renehan, M.D.
Raleigh Rollins, M.D.
Paul Sawyer, M.D.
Scott Sellinger, M.D.
Jean-Paul Tran, M.D.

Vascular Surgery

Robert Brumberg, M.D.
Robert Hoyne, M.D.
Lawrence Kaelin, M.D.

Behavioral Health Counselors

Tallahassee:

Kay Allen, Ph.D.*
G. Leonard Bailey, Ph.D.*
Emma Basso, M.S.W.
James G. Brown, Ph.D.*
David Buckman, M.Ed.*
Ronald Burks, Ph.D.
Vicki Burks, M.Ed.
Leslie Clark, M.S.W.
Kay Colvin-Guthrie, Ph.D.*
Deborah DeBack-Wright, ARNP
Paul Deitchman, Ph.D.
Zelda Demmel, M.S.W.
C. Vincent Dix, Ph.D.
Deborah Frank, Ph.D., ARNP*
Ann Gabor, M.S.W.
Donna Gillette, Ph.D.*
Stephanie Gregie, M.S.W.
Marilyn Jennings, Ph.D.*
Keely Kaklamanos, Ph.D.*
Amelia Kemp, L.M.H.C.
Paul Knoll, Ph.D.
Larry Kubiak, Ph.D.*
Frederick Levy, Ph.D.*
Joanna Love, Ph.D.*
Jane Marks, M.A.*
Patricia McAlpine, L.C.S.W.*
Robin McDougell, M.S.W.*
Scott McNutt, M.S.*
Victoria Miller, M.S.W.*
Steven Mills, Ph.D.*
Shelley Mincey, M.S.W.
Christie Newell, L.M.H.C.*
Linda Oxford, M.Ed.*
Lucile Palmer, M.S.W.
John Paschal, M.S.W.*
Mary K. Price, Ph.D.
Jack Richardson, L.C.S.W.
Jill Ricke, Ph.D.*
Carolyn Rogers, Ph.D.*
Deborah Senesac, M.S.W.*
Richard Senesac, Ph.D.
Steven Serventi, M.S.*
Richard Shepard, M.S.*
Charlotte Shuler, M.S.W.
Robert Simpson, Ph.D.*
Linda Smith, Ph.D.*
Donna St. Hillier, Ph.D.*
Charles Stannard, M.S.W.*
Patty A. Stuart, M.S.*
Carol Swanson, Ph.D.*
Suzan Taylor, M.S.W.
Mary Waters, Ph.D.
Bonnie Wells, M.S.W.*
Lonnie Wesley, M.S.W.*
Stephen Wright, Ph.D.
Catherine Wuest-Stromberg, M.A.*

Crawfordville:

Sabrina Joiner, M.S.W.*

Chattahoochee:

Jeffrey Landau, Ph.D.

Quincy:

Jeffrey Landau, Ph.D.
Linda Oxford, M.Ed.*

* Not currently accepting Medicare Advantage

Capital Health Plan Physicians & Providers



Capital Health Plan Health Center at Governor's Square
1491 Governor's Square Boulevard, near the movie theatres

Welcome to the Capital Health Plan Health Center at Governor's Square. This facility is home to Capital Health Plan's Center for Chronic Care and Health Promotions department. The Governor's Square health center also offers physicians' offices, x-ray and lab services, and an outstanding eye care center. All of these services are available exclusively to Capital Health Plan members!

FAMILY PRACTICE PHYSICIANS

Victoria Bates, D.O. 383-3505
Medical School: Philadelphia College of Osteopathic Medicine
Residency: Tallahassee Memorial
Board Certification: Family Practice

Natosha Canty, M.D. 523-3535
Medical School: Florida State University
Residency: Tallahassee Memorial
Board Certification: Family Practice

Steven A. Currieo, M.D. 383-3500
Medical School: Oral Roberts University
Residency: AFSC Regional Hospital
Board Certification: Family Practice

Shane Rignanese, M.D. 383-3515
Medical School: University of Florida
Residency: St. Vincent's Medical Center
Board Certification: Family Practice

David Shafer, M.D. 383-3520
Medical School: University of Florida
Residency: Tallahassee Memorial
Board Certification: Family Practice

James Thomas, M.D. 383-3560
Medical School: University of Kentucky
Residency: Tallahassee Memorial
Board Certification: Family Practice

INTERNAL MEDICINE

Susan Manson, M.D. 383-3405
Medical School: State University of New York Health Science Center
Residency: Winthrop-University Hospital
Board Certification: Internal Medicine

Adekunle Omotayo, M.D. 383-3445
Medical School: University of Lagos, Nigeria
Residency: Newark Beth Israel Medical Center
Board Certification: Internal Medicine

CARDIOLOGY

Dennis Williams, MD 523-7220
Medical School: University of Florida
Residency: University of North Carolina
Board Certification: Internal Medicine, Cardiology

RADIOLOGY

Philip Lubbars, MD 523-7246
Medical School: University of Iowa
Residency: National Naval Medical Center
Board Certification: Radiology

Lisa Rawlings, M.D. 523-7246
Medical School: Medical College of Georgia
Residency: Medical College of Georgia
Board Certification: Diagnostic Radiology

CENTER FOR CHRONIC CARE 523-7410

The Center for Chronic Care is a specialty program developed solely for members with multiple chronic medical conditions. Medicare and Commercial members are invited to join this program based on the number and severity of their medical conditions.

Robert Chapman, M.D.
Medical School: University of Miami
Residency: Jackson Memorial Hospital
Board Certification: Internal Medicine

Mohamed Elrahman, M.D.
Medical School: University of Cairo
Residency: Hospital of Saint Raphael
Board Certification: Internal Medicine

Lynn Jones, M.D.
Medical School: University of South Florida
Residency: University Hospital
Board Certification: Internal Medicine

IMAGING CENTER 523-7246

Our Imaging Center offers mammography, ultrasound, and x-ray using digital imaging, as well as a state-of-the-art DEXA instrument for bone scanning and body fat analysis. Quick and convenient, the patient-friendly Imaging Center helps you with these crucial diagnostic services.

EYE CARE CENTER 383-3322

No physician referral is necessary; CHP optometrists provide routine eye exams as part of your benefit. They also see members with medical eye problems such as eye infections and inflammations.

Theresa Aldridge, O.D.
Kathryn Beggs, O.D.
Daniel Lazar, O.D.
Timothy Moore, O.D.
Maritza Nickerson, O.D.

HEALTH PROMOTIONS 523-7310

CHP offers a variety of educational classes including weight management, CPR and smoking cessation. You can get more information on the classes at www.capitalhealth.com. Class fees and locations may vary.

CHP Diabetes Prevention & Weight Management Series Smoking Cessation Heartsaver CPR

Further information on these issues and others are available through CHP Health Coaching. Please call 383-3400 to speak with a Health Coach or visit www.capitalhealth.com.

LAB 219-1590

X-RAY 383-3369

See front page to tour the Centerville Place Health Center.

