

Health Information and Support when you need it, 24/7



Capital Health
P L A N



An Independent Licensee of the
Blue Cross and Blue Shield Association



Call a CHP Health Coach today and receive:

- Personal education and support
- Health information when you need it, 24/7
- Questions to discuss with your physician
- Complimentary educational materials mailed to you

To learn more, call your personal CHP Health Coach. Remember, CHP Health Coaches are available to you, at no additional cost, 24 hours a day, 7 days a week. Or visit us online at www.capitalhealth.com and log into CHP Health Coaching.



CHP Health Coaching



850-383-3400

or 1-888-372-6608

TTY #: 1-888-277-1586

www.capitalhealth.com