

# Save time. Get answers. Take control of your health with CHPConnect.

## A Secure, Online Personal Health Record

Using CHPConnect, you can review:

- A personal history of your doctor visits and procedures
- Diagnoses
- Current medications
- Prescription drug information
- Claims
- Referrals
- Current health status snapshot
- Children's immunizations and visit dates
- Benefits - including your copays
- HealthWise Reference Library

You can also request ID cards  
or change your Primary  
Care Physician and  
demographic information.



**Capital Health**  
P L A N



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Blue Cross and Blue Shield Association





# How do I connect to CHPConnect?

## Just follow these easy steps:

- Go to [www.capitalhealth.com](http://www.capitalhealth.com) and click on the Members tab.
- When this tab opens, click on CHPConnect in the left column.
- On the next page, you'll find a blue screen. Look to the right and click on the bottom link which says "Member."
- Fill in the registration form and choose a password (your password must be at least 6 characters; upper and lower case plus a number).
- Within 3-4 business days, CHP will send you an access code.
- Use your User ID, password and access code to log in.



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